

Arno Profile System Temperament Analysis

Control: Choleric

Control is the need to establish and maintain a satisfactory relationship with people in respect to control and power. Control asks two questions:

1. How many people do I want to control?
2. How many people will I allow to control *me*?

General description of people who are **Choleric** in Control:

1. Extremely independent
2. When undertaking a task, he/she wants complete control over it, tolerating very little interference from other people
3. Must have a great deal of control over the lives and behaviors of other people, but will tolerate almost no control over his/her life and behavior
4. Very strong willed
5. Must receive recognition for accomplishments

Potential strengths which should be encouraged, used and developed:

1. Makes quick, intuitive decisions
2. Very good leadership capabilities -- the amount of decisions and responsibilities this person is capable of handling would make other temperaments cringe
3. Very confident in his/her abilities
4. Willing to take on leadership role, to solve problems and move forward

Potential weaknesses which should be considered and dealt with: ***(Reminder: Choleric have a very hard time admitting they might be wrong, so it is difficult for them to consider their weaknesses.)***

1. Very controlling (may be bossy)
2. Highly susceptible to burn out because of overload
3. Capable of undertaking very poor behaviors in order to maintain control of others -- such as intimidation, yelling, etc.
4. May associate with people who can be dominated and then end up resenting their weakness
5. Perfectionistic -- highly critical of self and others, especially when his/her perfectionistic standards are not realized
6. Externalizes his/her anger and uses it to lash out at others
7. May have a cruel, abusive temper -- becomes angry if controlled, told what to do, or if someone interferes with his independence

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