

## Arno Profile System Temperament Analysis

### Control: Compulsive Choleric

**Control** is the need to establish and maintain a satisfactory relationship with people in respect to control and power. Control asks two questions:

1. How many people do *I* want to control?
2. How many people will I allow to control *me*?

General description of people who are **Compulsive Choleric** in Control:

1. Extremely independent
2. When undertaking a task, he/she wants total control over it, tolerating very little, if any, interference from other people.
3. Demands to have control over the lives and behaviors of others, but will tolerate almost no control over his/her life and behavior

Potential strengths which should be encouraged, used and developed:

1. Makes quick, intuitive decisions
2. Has very good leadership abilities
3. The number of decisions and responsibilities this person is capable of handling would make other temperaments cringe. *Downside* = highly susceptible to burn out.

Potential weaknesses which should be noted and dealt with:

1. Capable of undertaking very poor behaviors in order to maintain control of others.
2. Extremely perfectionistic -- highly critical of himself/herself and others, especially when his/her perfectionistic standards are not met.
3. May have a cruel, abusive temper -- externalizes his/her anger and lashes out at others -- becomes angry if told what to do or if someone interferes with his/her independence -- may use cruel temper to maintain control of others (through intimidation.)
4. May demand recognition for accomplishments.

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