

Arno Profile System Temperament Analysis

Affection: Supine-Phlegmatic

Affection is the need to establish and maintain a satisfactory relationship with others in regard to love and affection (deep one-on-one relationships, such as spouses, girlfriends or boyfriends, parents, children, trusted friends). Affection asks two questions:

1. How much love and affection do *I* express to others?
2. How much love and affection do I want expressed to *me*?

General description of people who are **Supine-Phlegmatic** in Affection:

1. Shows very little love and affection and requires only a moderate amount
2. Approaches very few people for deep personal relationships
3. Extremely realistic in both the amount of love and affection required from deep relationships and the number of people he/she requires it from
4. Protects himself/herself from becoming too deeply involved in the relationship -- tends to be more of an observer -- uses his/her "dry" (often sarcastic) sense of humor to do so
5. May resist physical (sexual) encounters as a means of protecting his/her low energy level
6. Places the burden of proof on others -- others must prove they are trustworthy before he/she will respond

Potential strengths which should be encouraged, used and developed:

1. Can "roll with the punches" -- able to tolerate unaffectionate, even hostile people very well
2. If treated properly, he/she is faithful and loyal in deep relationships

Potential weaknesses which should be noted and dealt with:

1. Expresses a fear of rejection -- however, in reality, he/she is very confident in deep relationships.

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