

## Arno Profile System Temperament Analysis

### **Affection: Supine Compulsive**

**Affection** is the need to establish and maintain a satisfactory relationship with others in regard to love and affection (deep one-on-one relationships, such as spouses, girlfriends or boyfriends, parents, children, trusted friends). Affection asks two questions:

1. How much love and affection do *I* express to others?
2. How much love and affection do I want expressed to *me*?

General description of people who are **Supine Compulsive** in Affection:

1. Requires extremely high amounts of love, affection and approval, but does not initiate love, affection and approval
2. Fails to communicate his/her desire for love, affection and approval -- therefore, these needs often go unmet
3. Anger is internalized and masked as "hurt feelings"
4. Expresses love by serving (performing tasks) deep relationships
5. Non-assertive

Potential strengths which should be encouraged, used and developed:

1. Faithful and loyal friend, if treated properly (appreciated)
2. Has the capacity to serve deep relationships, but must have a great deal of recognition for those services -- if not recognized, he/she feels used and becomes angry

Potential weaknesses which should be considered and dealt with: (*Note: Because Compulsive Supines are constantly searching the environment for signs of rejection, they may have a difficult time considering their weaknesses.*)

1. Waits for others to initiate love, affection and approval and becomes very angry if they do not
2. Experiences extreme loneliness and feelings of being unwanted, which tend to be the main source of his/her problems
3. Extreme low self-esteem -- constantly searches the environment for messages for confirm that he/she is not loved and needed
4. Easily offended and insulted
5. Extreme fear of being rejected by deep relationships.

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