

Arno Profile System Temperament Analysis

Affection: Supine

Affection is the need to establish and maintain a satisfactory relationship with others in regard to love and affection (deep one-on-one relationships, such as spouses, girlfriends or boyfriends, parents, children, trusted friends).

Affection asks two questions:

1. How much love and affection do *I* express to others?
2. How much love and affection do I want expressed to *me*?

General description of people who are **Supine** in Affection:

1. Requires high amounts of love, affection and approval and is capable of expressing high amounts -- *however*, he/she does not initiate and only responds
2. Expresses love by serving (performing tasks) deep relationships
3. Non-assertive in deep relationships

Potential strengths which should be encouraged, used and developed:

1. Has the capacity to serve deep relationships, *but* must have a great deal of recognition (appreciation) for these services
2. Can express high amounts of love and affection

Potential weaknesses which should be considered and dealt with:

1. Waits for others to initiate love and affection and becomes angry when they do not -- *expects others to read his/her mind and know that he/she wants love and affection*
2. Fails to communicate his/her need for love, affection and approval -- therefore, these needs often go unmet
3. If not recognized (appreciated) for services to deep relationships, he/she feels used and becomes angry
4. Anger is internalized and masked as "hurt feelings"
5. Has low self-esteem and constantly searches the environment for messages to affirm his/her suspicions that he/she is not loved and needed
6. Easily offended and insulted by deep relationships
7. Has fear of rejection.

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