

Arno Profile System Temperament Analysis

Affection: Sanguine-Phlegmatic

Affection is the need to establish and maintain a satisfactory relationship with others in regard to love and affection (deep one-on-one relationships, such as spouses, girlfriends or boyfriends, parents, children, trusted friends). Affection asks two questions:

1. How much love and affection do I express to others?
2. How much love and affection do I want expressed to me?

General description of people who are Sanguine Phlegmatic in Affection:

1. Shows a great deal of love and affection and requires a moderate amount of love and affection in return.
2. Has a tendency to become uninvolved and to hold deep relationships at a distance with his/her "dry" (witty, often sarcastic) sense of humor.
3. Is optimistic - believes that if he/she tries harder, a deep relationship will eventually work out.

Potential strengths which should be encouraged, used and developed:

1. Is very inspiring - easily makes others feel loved and cared for
2. Is very uninhibited when it comes to showing love and affection
3. "Rolls with the punches" - can tolerate unaffectionate and even hostile people as well as people who show him/her a great deal of love and affection

Potential weaknesses which should be considered and dealt with:

1. Communicates false messages.
2. Appears to have a great deal of love and affection for someone but is really hiding his/her non-involvement.
3. Holds others at a distance with his/her "dry" sense of humor in order to protect his/her low energy supply.

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