

Arno Profile System Temperament Analysis

Affection: Phlegmatic Supine

Affection is the need to establish and maintain a satisfactory relationship with others in regard to love and affection (deep one-on-one relationships, such as spouses, girlfriends or boyfriends, parents, children, trusted friends). Affection asks two questions:

1. How much love and affection do *I* express to others?
2. How much love and affection do I want expressed to *me*?

General description of people who are **Phlegmatic Supine** in Affection:

1. Shows very little love and affection, but requires a great deal
2. Tends to serve in a faithful manner in order to gain the love, affection and approval so desperately needed but which he/she feels he/she does not deserve
3. Totally dependent on others to establish the relationship and make him/her feel loved, needed and appreciated

Potential strengths which should be encouraged, used and developed:

Once a deep relationship has been established, he/she has a good capacity for service.

Potential weaknesses which should be noted and dealt with:

1. Protects himself/herself from rejection by not getting too involved in relationships -- if he/she is rejected or hurt by deep relationships, he will react with a "dry" and "biting" (sarcastic) sense of humor.
2. Has a low self-perception and searches the environment for messages to "prove" that he/she is not loved and not worthy of love or acceptance.
3. Has indirect behavior patterns -- appears cold and withdrawn, which masks the real person.

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