

Arno Profile System Temperament Analysis

Affection: Phlegmatic Sanguine

Affection is the need to establish and maintain a satisfactory relationship with others in regard to love and affection (deep one-on-one relationships, such as spouses, girlfriends or boyfriends, parents, children, trusted friends). Affection asks two questions:

1. How much love and affection do *I* express to others?
2. How much love and affection do I want expressed to *me*?

General description of people who are **Phlegmatic Sanguine** in Affection:

1. Shows a moderate amount of love and affection *but* requires a great deal of love and affection
2. Maintains a deep relationship with an unlimited number of people
3. Uses a "dry" (witty, often sarcastic) sense of humor when interacting with deep relationships

Potential strengths which should be encouraged, used and developed:

1. Optimistic
2. Uninhibited when responding to deep personal relationships

Potential weaknesses which should be considered and dealt with:

1. Defensive and guarded about initiating deep relationships and hides this defensiveness behind a "dry" (witty, often sarcastic) sense of humor
2. Once a deep personal relationship has been established, he/she is highly demanding of the relationship and requires a great deal of love, affection, time and attention from them
3. If angered or hurt by a deep relationship, he/she will retaliate with his/her "biting" sense of humor
4. Suffers from a great deal of anxiety if not told every day that he/she is loved, needed and appreciated.

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