

Arno Profile System Temperament Analysis

Affection: Choleric Phlegmatic

Affection is the need to establish and maintain a satisfactory relationship with others in regard to love and affection (deep one-on-one relationships, such as spouses, girlfriends or boyfriends, parents, children, trusted friends). Affection asks two questions:

1. How much love and affection do *I* express to others?
2. How much love and affection do I want expressed to *me*?

General description of people who are **Choleric Phlegmatic** in Affection:

1. Shows and requires only a *moderate* amount of love and affection
2. Is emotionally guarded -- he/she rarely "opens up" (reveals the inner self)
3. Uses his/her "dry" (sometimes witty and often sarcastic) sense of humor to hide deep feelings
4. Uses his/her ability to show love and affection to screen out those individuals who do not meet his/her needs

Potential weaknesses which should be considered and dealt with:

1. Tends to be an observer of the deep relationship -- protects his/her low energy reserve by not getting deeply involved
2. Has little feeling for the people whom he is involved with in deep relationships
3. Tends to use his/her "dry" sense of humor to hold his/her deep relationships at a safe distance, where they will not use up his/her energy

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