



Pastoral Counseling Center

Online Christian Counseling Degrees



<http://Pastoral-Counseling-Center.org>
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Arno Temperament Profile System

Instructions - Please Read

The Arno Profile System is an effective temperament inventory. It has proven itself to be useful, informative, and accurate in many thousands of cases. While it uses only 9 questions asked from 6 different approaches for a total of 54 questions, many have extolled the insights provided as "life changing."

Simply find a quiet 10 minutes, promptly respond to the questions from your heart, and refrain from analyzing the questions. Please just let your heart respond. Quiet your mind from any attempt to analyze the test.

Instructions for Taking the Temperament Analysis Questionnaire

1. Print out the questionnaire. Do not try to answer from a computer screen.
2. Be sure to fill out the name, sex, and age items.
3. Answer questions from your heart, without analysis or excessive thinking.
4. Your FIRST RESPONSE is the most accurate, write down the FIRST answer you think of.
5. Write the number that represents your answer in the box to the left of each question.
6. Do not change, cross out or erase an answer.
7. Please answer EVERY QUESTION in order. Do not skip around or. Answer EVERY question.
8. Answer the way you *actually* interact with people, NOT how you think you should.
9. Do not ask anyone else what a question means. You must decide for yourself.
10. Please use the website "Request An APS" feature to transmit your answers.

11. A shortcut to the website is the telephone number: 9417562232.com

12. The "Request An Aps" link is near the bottom left of the menu.

13. You may FAX the completed form to 941-870-2333.

14. You may also communicate the numbers by calling 941-756-2232.

God Bless You